



Section A

Answer **all** questions.

1 How many weeks is a full term pregnancy?

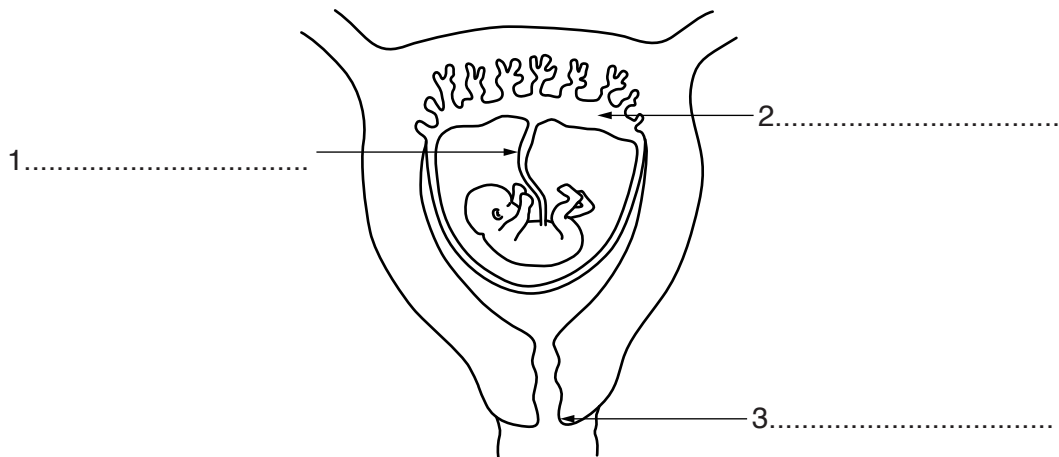
.....[1]

2 Some substances are harmful to the unborn baby.

List **two** substances which should be avoided in pregnancy.

.....  
.....  
.....  
.....[2]

3 (a) Label parts **1–3** in the diagram below.



[3]

(b) State the function of **each** part you have labelled in (a).

1 .....

2 .....

3 .....

[3]

- 4 (a) Give **four** possible pieces of equipment parents might choose to buy in preparation for the arrival of their baby and state its purpose.

Item .....

Purpose .....

.....

Item .....

Purpose .....

.....

Item .....

Purpose .....

.....

Item .....

Purpose .....

.....

[8]

(b) Describe **five** suitable clothing items for babies and young children in hot weather. Give reasons for your choices.

Clothing .....

Reason .....

.....

Clothing .....

Reason .....

.....

Clothing .....

Reason .....

.....

Clothing .....

Reason .....

.....

Clothing .....

Reason .....

.....

[10]

5

5 Young children are sometimes more likely than adults to catch infections.

Give the required treatment for each infectious illness listed in the table below.

| Infection  | Treatment |
|------------|-----------|
| Cough      |           |
| Diarrhoea  |           |
| Sticky eye |           |

[3]

**[Total: 30]**

6

**Section B**

Answer **all** questions.

**6** State **four** reasons why immunisation programmes for children are beneficial.

1 .....

.....

2 .....

.....

3 .....

.....

4 .....

.....

[4]

- 7 (a) Some adults choose to live alternative family lifestyles, such as commune families or group families.

Explain **two** advantages and **two** disadvantages for children growing up in these families.

Advantages

1 .....

.....

2 .....

.....

Disadvantages

1 .....

.....

2 .....

.....

[4]

- (b) Children need to learn how to be sociable with others.

Describe how children aged under a year, 2 year olds and 4 year olds show their affection towards others.

|              |  |
|--------------|--|
| Under a year |  |
| 2 year old   |  |
| 4 year old   |  |

[9]

(c) Children need to associate with other children to learn how to play together.

Describe **three** common stages of social behaviour displayed by children as they learn to play with each other.

1 .....

.....

.....

.....

2 .....

.....

.....

.....

3 .....

.....

.....

.....

[6]

(d) The interactions between babies and young children and their environment are important for their cognition, or brain development.

Describe **three** ways parents and carers can encourage children’s cognitive development.

1 .....

.....

.....

2 .....

.....

.....

3 .....

.....

.....

[6]





- (b) Complete the table below to identify **three** essential nutrients for a healthy diet for children. For each suggest **one** example of a food and briefly explain why it is important for children's growing bodies.

An example has been given for you.

| Nutrient        | Food           | Why it is important  |
|-----------------|----------------|--|
| <i>Minerals</i> | <i>Spinach</i> | <i>It helps with the development of strong teeth and bones and also helps the body to produce red blood cells and help the body to maintain cell function.</i> |
|                 |                |  |
|                 |                |  |
|                 |                |  |

[9]

[Total: 50]

**Section C**

Answer **one** question.

Write your answer on the following pages.

- 9 (a) It is possible for couples to plan when their family arrive by using contraception.

Discuss the differing methods of contraception couples might use, explaining the advantages and disadvantages of each.

**Or**

- (b) Young children are **not** able to easily control or understand their emotions.

Discuss how young children may express feelings of frustration, shyness and excitement and how adults might respond to each.

**[Total: 20]**









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